

at Home With God

Series 2 Workbook

By Helen Goldenberg



AT HOME WITH GOD

SERIES 2 - WORKBOOK

Name: _____

Church: _____

Start date: _____

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INTRODUCTION

Welcome to At Home with God series 2.

This workbook is designed to accompany series 2 of At Home with God TV series. The series is being shown live for ten weeks, every Wednesday at 8pm starting on Wednesday 8th January. Each episode will then be repeated on the following days:

Fridays at 10:05am Saturdays at 11:00am Tuesday at 5.30pm (All times are UK based.)

Available TBNUK on Channel 65 (Freeview) and TBNUK on Channel 582 (Sky). It can also be watched live online at the TBN UK website.

Shows will also be available on demand on the tbnuk.org, the week after it first airs.

What's in the workbook?

The workbook is made up of ten sessions, running alongside series 2 of At Home with God:

1. Keeping God at the centre of your family
2. Children and the prophetic
3. Helping our children develop discernment
4. Faith and your child's school
5. Creative ways to teach the Word
6. Facing the character issue
7. The faith journey
8. Preparing children for their calling
9. Leaning on the wider church community
10. Navigating the digital world.

Each session is made up of three parts taught using three different mediums:

1. Notes

In this workbook, there is space for you to make your notes on the teaching as you work through the programs on the TV. Each session lasts for around 30 minutes.

2. Points to Ponder

These discussion questions are designed to help you reflect on the teaching and how it applies in your family. You can discuss these as a group, in pairs or use the space for personal reflection if you are going through this workbook on your own. Depending on the group the discussions will take up to 30 minutes, so you should set aside one hour together for each session.

3. Practical

After each session's teaching, there is a page for you to try some of the principles in your own family.

Why not pair up with another family so that you can reflect together on each other's practical performance. As such we have left space each week for you to comment and encourage each other in your family

How can we use this workbook?

This workbook is designed to be very flexible to fit around the unique circumstances in your church/home.

Here are some suggestions of how you may choose to use it:

- a. Work through the course with a group of other parents doing one session a week or one session a month together.
- b. Run the course over five evenings, covering two sessions each evening. If you work through them in order you will find each evening has a practical and a spiritual session.
- c. Work through the course as an individual or in pairs. For the discussions section, you can reflect privately on the questions given and for the practical parts work alongside your partner or speak to a close family member who you are able to talk through your progress as you try to bring God even more central into your home.

Once the series is over this workbook should prove a valuable resource, together with the comments in the practical session to enable you to continue to develop as a parent.

Being a parent is a great privilege. My prayer is that as you make the small adjustments that need to be made within your family to see God more central in your home, you will start to see a change in your children's walk as well as your own walk with God. Do not be discouraged if miracles don't happen overnight but keep praying and persevering and I know that God will bless your family.

I pray that you will enjoy the course and be enriched by it.

God bless you,

Helen Goldenberg

Children Can, 2019.

SESSION 6: FACING THE CHARACTER ISSUE



NOTES

What kind of character issues can our children face and what can be some of the causes of these issues?

What is the wrong way to deal with a character issue?

How can we help children to look at their own character issue and fix it for themselves?

What can we do if sibling rivalry develops in our family?

What does a loving conversation with our children look like when we are discussing character issues?

If we have discipline without love, what problems can this lead to further down the line?

How can we build bridges with our children when there has been a communication breakdown?

How can we help our children to become more like Christ?

How can we encourage our children to grow through tough times?



POINTS TO PONDER

1. Is there a recurring issue that you are facing in your one of your children? What conversations have you had with your children about these issues (especially when you are not in the middle of a conflict)?
2. How can we involve God in our child's character issue?
3. Reflect on the way that your parents raised you. What do you appreciate and what would you like to see done differently in your family?
4. Harsh discipline leads to defiance, absent discipline leads to rebellion – how do we know if we are getting the balance right for loving discipline?
5. How can we give our children aspirations for the future?
6. Read Romans 3-5 *We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. ⁴ And endurance develops strength of character, and character strengthens our confident hope of salvation. ⁵ And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.* What kind of conversations can you have with your children now in preparation for problems they may face later in life?



PRACTICAL: HOME FOCUS

Philippians 4:8 *'And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.* We all hope and pray that our children exhibit the above qualities on a daily basis, but as in ourselves they also fail. The phrase 'What would Jesus do?' doesn't normally cross our or their mind in a moment of anger or bad attitude. So how do we as parents deal with the character issues that our children display in a way that keeps them close and not pushing them away especially as they know which buttons to press that will enrage us too?

1. Ask yourself which character issues you need to deal within yourself in order for you to deal with your children's character issue. Do you lose your temper easily? Are you practicing what you are preaching or is it one rule for them and another for you? Are you on the same page as your husband or help mate regarding disciplinary issues?
2. Find the right time to address the issue – this does not always have to be as soon as the issue arises. Find a time when things have calmed down so you can have a sensible conversation that does not end in an argument
3. Be the adult not the child in the conversation – *Proverbs 15:1* 'A gentle answer deflects anger, but harsh words make tempers flare.' If you start shouting at your child then you have almost certainly lost the argument and the learning moment for your child may be lost as they may shut down due to the conversation turning into an argument.
4. Give time for your children to express their concerns or issues with you in a nonjudgmental way so that you can work on them together.
5. Celebrate when they do get it right or if they have made a big effort to deal with the character issue in question.

Select one character issue for each of your children and make time this week to sit and talk with them (listening to what they have to say as well as encouraging them to become what God has called them to be).

FURTHER RESOURCES AVAILABLE

Find links to all the resources mentioned in series 2 on our website: www.ahwg.co.uk

Other resources that may be of interest to you:

Available through Christian retailers and www.childrencan.co.uk/shop

1. At Home with God – A parents guide to raising spiritual giants. The accompanying book for this series.
2. Jesus, Your Baby and You. Don't wait until they are born, encourage parents to being ministering to their babies from the womb.
3. God's Generals for kids – biographies for children.



Olly & Helen Goldenberg have been involved in ministering to families for around 3 decades. At Home with God is a ministry for parents, to equip and encourage them in their role as the primary disciplers of their children.

They previously led one of the largest children's ministries in Europe, before pioneering *Children Can*, a ministry which has taken them around the world. Their ministry includes parent training (including expectant parents), pastor's conferences, and ministry to children and youth. They produce many resources to equip the next generation of church to take their place.

They have five children and live in Dorset.



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